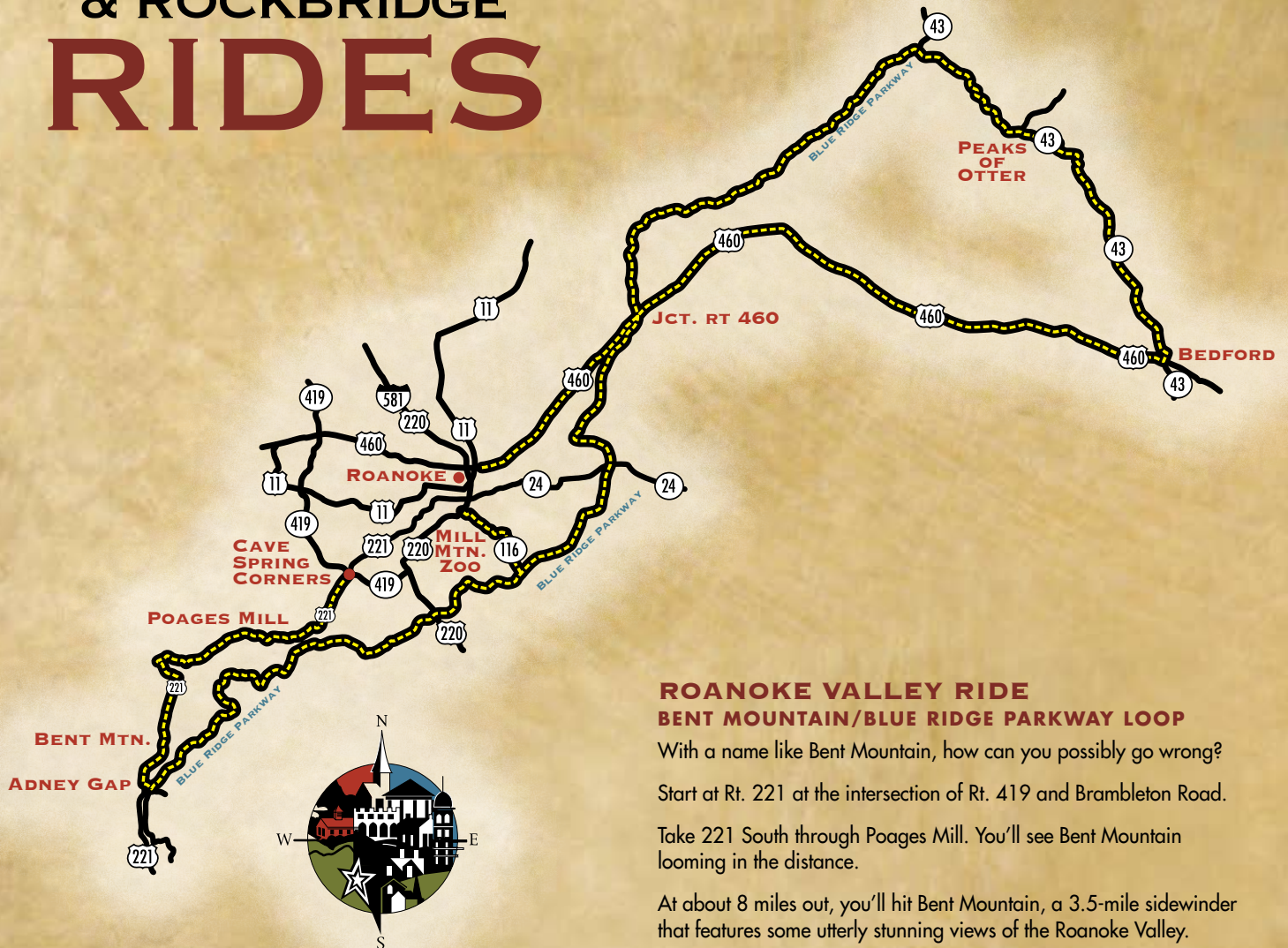


ROANOKE VALLEY & ROCKBRIDGE RIDES



ROANOKE VALLEY RIDE BENT MOUNTAIN/BLUE RIDGE PARKWAY LOOP

With a name like Bent Mountain, how can you possibly go wrong?

Start at Rt. 221 at the intersection of Rt. 419 and Brambleton Road.

Take 221 South through Poages Mill. You'll see Bent Mountain looming in the distance.

At about 8 miles out, you'll hit Bent Mountain, a 3.5-mile sidwinder that features some utterly stunning views of the Roanoke Valley.

At the top of the mountain, you'll find the small community of Bent Mountain.

Proceed for 3.5 miles. Enter the Blue Ridge Parkway at Adney Gap, mile marker 136 on the parkway.

From here, take a LEFT on the parkway (north) and follow it to the Roanoke Loop at Milepost 120. Stop by the 40-foot neon Roanoke Star to take in an awe-inspiring view of the city. Mill Mountain Zoo is also at this stop. This AZA accredited zoo exhibits over 50 species of animals on an 8 acre site.

Had enough? Take the curvy descent to the City of Roanoke. Or you can get back on the parkway and ride on. You can return to Roanoke via 460 a few miles down the parkway.

If you're a die-hard, take the parkway (North) to Peaks of Otter, and return on Rt. 43 off the parkway to the town of Bedford, home of the National D-day Memorial. Rt. 460 will then take you back to Roanoke. A hike up the Peaks of Otter is also worthwhile, but not for the meek or time-stressed.

You'll also frequently see deer and other wildlife along the parkway. This ride can vary from a tour of just over 25 miles to an all-day affair depending on your pace, your stops and the options you choose.

Lexington



The Historic Rockbridge Area

LEXINGTON • BUENA VISTA
ROCKBRIDGE COUNTY

Rockbridge Regional Tourism
106 East Washington Street
Lexington, VA 24450
540/463-3777
Toll-free: 877/453-9822
www.lexingtonvirginia.com



Roanoke Valley
Convention & Visitors Bureau
101 Shenandoah Avenue NE
Roanoke, VA 24016
540/342-6025
Toll-free: 800/635-5535
www.visitroanokeva.com

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